

## 10 steps for meeting special health needs

1. Ask the child's parents to fill out a condition-specific medical form in consultation with their child's doctor.
2. Request that the form include specific instructions for managing the condition day-to-day.
3. Ask the parents to fill out and sign a *Medication consent form and record sheet* if needed, and record every dose given while the child is in your care.
4. Review medical information with the parents every 6 months or whenever their child's treatment changes.
5. Know the early signs and symptoms indicating that the child is experiencing difficulties with her condition.
6. Document observations about the child's health and behaviour—this may help the child's family and/or doctor with treatment.
7. Work closely with the child's parents.
8. Attend education sessions for the management of a specific condition.
9. Ask parents to demonstrate the proper use of any treatment devices, if needed.
10. Keep first aid and CPR skills current.