

WHEN TO WASH HANDS

Staff must wash their hands

- Whenever they're visibly dirty
- After arriving for work
- After using the toilet, changing a diaper or helping a child to use the toilet
- Before and after preparing food, before feeding a child and before eating
- After sneezing, coughing or blowing their nose and after wiping a child's nose
- After caring for a child with an infection
- Before and after giving medication or applying an ointment, cream or sunscreen
- Before and after applying a bandage or performing other first aid
- After cleaning up any body fluid (blood, mucus, vomit, feces, urine, drool)
- After household (environmental) cleaning and disinfection
- After handling contaminated or soiled clothing or bed linens
- After removing disposable (e.g., plastic or vinyl) or household rubber gloves
- After handling or caring for pets

Help children wash their hands

- Whenever they're visibly dirty
- When they arrive
- After a diaper change or after using the toilet or potty
- Before eating or drinking
- Before and after water play
- After playing with sand or clay
- After sneezing, coughing, or wiping their nose with a hand or tissue
- After handling pets or other animals